



What is Kids Kamp all about?

Kids Kamp runs residential healing programs for children who have experienced trauma and abuse. We run 5 day programs (Sun- Fri) for children aged 8-11 years (boys and girls)

Traumas that children experience are varied including; bullying, divorce, sexual abuse. Trauma may be one off or a repeated event. The effects can be the same. Some effects of trauma are:

- Difficulty in friendships- maintaining them/ isolating from others
- Hypersensitivity- anger, fear, shame, self hate
- Suicidal thoughts/attempts
- Poor attention at school
- Addictions
- Low self-esteem
- High achievers "I MUST be perfect and I never am"
- Inability to concentrate- (ADD)

Age appropriate and engaging

At Kids Kamp we present the program in an age appropriate and engaging way for children. Supported by a psychologist, art therapist and teachers in both the primary, secondary age and special needs fields. All professionals and carers that work with the guests are survivors of child abuse and have participated in the Heal for Life program personally.



20 years experience

The Therapeutic program used at Heal for Life has been evolving for 20 years. It incorporates the most recent cutting edge neuroscience and emotional release therapy, however the core of the program is the T.R.E.E (Trust, Release, Empower, Educate) recovery model used at Heal for Life



Your child can heal...

Your child will take part in a full daily program whilst living in a supportive community who deeply honour and respect who your child is and where they are at.

98% of young people who attend find the program either life changing or very positive, with improvements in behavioural self management and enjoyment of life.

Your child will learn things about:

- How trauma effects your brain
- Inner child
- Boundaries
- Self-nurturing
- Wounded and rebel self
- Attachment theory
- Conflict resolution
- Life skills
- Triggering and de-triggering
- Empowerment
- Feellings
- Creative activities
- Understanding our needs



Testimonials

"My 2 children have attended the camp and after 4yrs of daily mental health visits, Heal For Life has done more good in 1 visit. We highly recommend the camps, I think what makes it work is that the carers are survivors and know best how to heal. Life long strategies for anger and recognising triggers with fantastic outcomes. Truly amazing workshops from truly amazing people can only amount to brilliant future's

Kez Davis thank you all so very much."

"Heal for Life Foundation conducted a healing week for eight of our most challenging young people. These students, who had been marginalised and were at risk of further disruptive behaviours, were a serious concern to their families and the school community. The difference after six days was astounding. Each child had begun to develop self belief, walked taller and were much more open. They were less disruptive, had better concentration and were beginning to take responsibility for their behaviour."

Kim Roberts
Principal of Ipswich Adventist School



Find out more

To find out more information about Kids Kamp and our Youth Programs visit our website:

www.healforlife.com.au



Preferred service provider for
F.A.C.S

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Empowering people to heal from childhood trauma and abuse

Kids Kamp



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