



21st November, 2013

Dear Liz and the Heal for Life staff,

Youth Express was recently given the opportunity to refer two young ladies from local high schools in the Hunter, who had experienced child hood trauma to your program.

The two students chosen both came from broken families and were disengaging from education.

When I approached the students and their parents with this opportunity they were both excited and nervous about attending.

I have recently met with both students to discuss their experiences and would like to thank you on behalf of the students and their families for this opportunity to not only add value to their coping mechanisms but for bringing them alive again and therefore creating a more open and trusting relationships with their loved ones.

Some of the statements the students made were;

“Amazing”, “I didn’t want to leave”, “Can I go back next year?”, “I feel so much better within myself”, “my friends and family have noticed I handle situations so much better”.

This is just some of the feedback I have received.

The staff at the Heal for Life program have been very professional and have consulted with me in all aspects of the referral process.

Thank you for making this opportunity possible and we hope to continue our relationship in 2014.

Cree Sweetman

Independent Employment Adviser/Industry Engagement Officer/
Work Placement Team Leader and Recruitment Co-Ordinator
Youth Express
P: 02 4931 2775 | **M:** 0418 998 600 **E:** Cree@youthexpress.com.au

**Youth Express
Association Inc.**
ABN 23 693 386 194

8 Bulwer Street
Maitland

PO Box 65
Maitland NSW 2320

TollFree: 1300 669 252
Phone: 02 4931 2777
Fax: 02 4931 2799

www.youthexpress.com.au
admin@youthexpress.com.au